

El Segundo Herald

The Weekly Newspaper of El Segundo

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El Segundo Graduates New Class of Trained Babysitters



Beginning in 1988, El Segundo Recreation and Parks Department began hosting a class each summer called Babysitter Training. June 27 marked 24 years later as a new generation of babysitters learned about the importance of being a safety minded babysitter. Class topics include starting a babysitting business, infant care, and toddlers. Pictured from left to right, Kelli Beach, Danielle Cummings, Natalie Flores, Kylee Glickman, Noelle Hackett, Siarra Hackett, Sydney LeAnce-Turnbull, Sophie Long, Megan Marak, Tayah McCaa, Priscilla Masis, Sidney Medina, Erin Pawlowski, and Emily Wilkinson. Photo courtesy of Aleta Pottenger.

Local Agents Say Real Estate on the Upswing

By Brian Simon

While opinions are mixed on whether the local economy is in recovery or still in recession, one area that appears to be back on track in El Segundo is real estate. Particularly since the beginning of 2012, agents have begun closing deals that previously sat out there for months and months. In many cases, sellers are getting their asking price or close enough.

According to Re/Max agent Bill Ruane, local residential property values have increased in value roughly 10 percent over the last year. "Homes that were on the market over the last six months sold in the last 30 days," he said. "In fact, May was the best month I've had in 20 years in real estate."

So what gives? Ruane pointed to multiple factors, including a high-earning workforce that wants to live closer to the office instead of commute, top-ranked schools that appeal to parents, low crime rates, the community's small town charm and other amenities. "Also because the rental market is getting stronger, you can own for the same as you rent, which hasn't happened in 15 years," said Ruane.

Longtime Shorewood Realtors agent Rose VanHook also confirmed that "things are improving" and reported that she is already "doing better this year to date than all of last year." She believes that the low cost of borrowing has allowed "prospective buyers to feel more confident in moving forward." Though lending criteria are still pretty stringent, those who qualify can take advantage of historically low rates that have fallen under four percent—and they are definitely beginning to do just that. "Any time you have more buyers, the balance changes where you have less product and more buyers looking for product," VanHook explained. "It drives prices up and you end up with multiple offers on properties that are listed for the right price."

Case in point, VanHook recently wrote an offer in neighboring Del Aire and by the time the seller had a chance to look it over a couple of days later five more potential buyers had jumped in with bids of their own. "Any kind of situation where there is competition, the fastest runner who's prepared for the race is going to win," said VanHook. "So the most prepared buyer education-

wise, being pre-approved, doing all the right things that need to be done... is the buyer who wins."

According to data culled from a recent comparative market analysis, 17 properties in the 1,900 to 5,800 square foot range sold in El Segundo over the past year between \$865,000 and \$1.5 million with the vast

See Real Estate, page 13

City Department Heads Hope for Funding

By Brian Simon

A couple of weeks ago, City of El Segundo department heads detailed challenges caused by reduced staffing levels and provided a rundown of items they need to operate more efficiently in the future. The wish lists ranged from critical safety equipment (e.g. a fire truck ladder that will cost a half-million dollars) to desired quality of life enhancements (e.g. restoring library hours on Fridays), but in any case the El Segundo City Council will have to make some tough decisions on what requests make the cut when it reconvenes for more budget talks in August.

City Manager Greg Carpenter's recommendations included reinstatement of the Emergency Services Manager position (\$160,000) and restoration of either a Human Resources Director (\$212,000) or an Assistant City Manager (\$240,000) who would oversee HR as well as Information Systems and Community Cable.

Fire Chief Kevin Smith reported that service levels in his department are "just not the same as in the past" with 20 of 69 sworn positions eliminated. He hopes to replace the aforementioned and often inoperable 18-year-old ladder truck as well as a 27-year-old

fire engine and a 16-year-old ambulance. With a total cost of \$2.1 million but only \$1.1 million in the equipment replacement fund, the City would have to come up with another million to pay for all three. Other stated needs include an emergency radio communication upgrade to allow the signal to be simulcast (\$214,419), a seismic early warning system (\$31,429), a new vehicle exhaust removal system (\$42,610) and the ability to outsource fire prevention inspection billing to save staff time (\$24,000).

While asset forfeiture grants have helped keep police equipment up to date, Chief Mitch Tavera hopes to staff the Crime Scene Unit and Records Bureau to previous levels while resuming 24-hour lobby service (\$400,000) and to go back to 65 sworn personnel (\$500,000) to reinstate key positions such as the Community Lead Officer and Auto Theft Detective that were previously eliminated due to budget cuts. He believes bolstering support staff can improve the hiring process, which has slowed down due to lack of resources and made it more difficult to find quality personnel. Tavera reported that the department is working out

See Department, page 17

Weekend Forecast

Friday

Partly
Cloudy
67°/62°



Saturday

Partly
Cloudy
70°/63°



Sunday

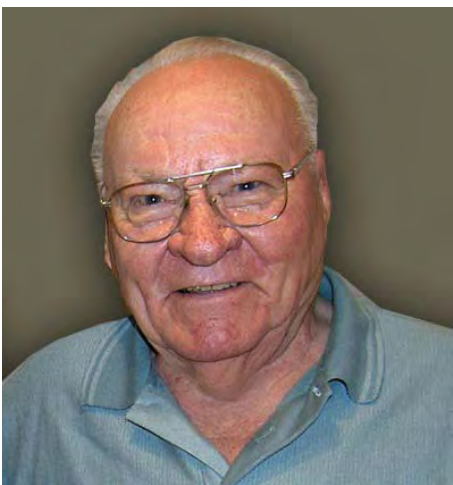
Partly
Cloudy
72°/63°



Obituaries

Arville Walstrom

Arville “Arv” Walstrom, of Salem, Oregon, passed away at the age of 89 years on Friday, June 22 at Orchard Heights Assisted Living Center. He was born in Spencer, IA on March 20, 1923 and served in the Army in the Philippines during WW II. He graduated with a degree in business from the University of Southern California and worked for 37 years as an accountant and business manager for Standard Oil Company in El Segundo, CA. He lived in El Segundo, CA (after moving to California after WW II); Colorado Springs, CO; Mesa, AZ; and Salem, OR. He was preceded in death by his parents, Oscar and Esther Walstrom and his brother Veryl. He is survived by his wife Ruth (Schweitzer) of 69 years of Salem, OR; his sister Lavon Kephart of Spencer, IA; his daughter Cheryl Clark, his son James, six grandchildren and



five great-grandchildren. Per his request, no services will be held and internment will be at Lone Tree Cemetery in Sioux Rapids, IA. •

Herald In Nice, CA



The El Segundo Herald traveled to Nice, California to meet with Tony and Peggy Barthel, owners of Featherbed Railroad Bed & Breakfast. “It was SO cool - a lady whose son owns Vital Signs brought us a copy of the ES Herald from last year where we were featured. It was SO cool to see a Herald again!!!! This was taken during one of our art exhibitions that we have up here, which is why the tables are on the lawn but, anyhow, it was great to flip through my favorite newspaper. Boy, I sure miss you guys!”— Tony Barthel.

What do you call a baby monkey?
A chimp off the old block.

What did the chimpanzee say when his sister had a baby?
Well, I'll be a monkey's uncle.

This duck walks into a bar and orders a beer.
“Four bucks,” says the bartender. “Put it on my bill.”



HERALD
PUBLICATIONS

DEADLINES

- OBITUARIES: Monday at noon.
- CALENDAR ITEMS: Prior Friday at noon.
- PEOPLE ITEMS: Prior Friday at noon.
- DISPLAY AD CHANGES: Prior Thursday at noon.
- CLASSIFIEDS: Tuesday at noon.
- LEGAL NOTICES: Monday at noon.
- NEW DISPLAY ADS: Prior Thursday at noon.
- REAL ESTATE ADS: Monday at noon.
- AD CANCELLATIONS: Prior Thursday.

LATE CANCELLATIONS WILL BE CHARGED 50% OF AD

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This column serves as a community forum where local leaders volunteer to respond to faith and religious questions submitted by readers.

What is salvation?

The concept of salvation is central to the Christian faith. We believe that we are saved from the power of sin and death and given new life. This means that we are forgiven our sins, restored to a right relationship with God and our fellow human beings, and given a new life here and now and eternal life after death.

We also believe that salvation comes to us as a gift from a loving God. We can't earn salvation by doing good things; it is a gift that comes to us through faith in the life, death, and resurrection of Jesus Christ—and even that faith is a gift! In other words, salvation is given to us when we put our trust in God's love in Christ. It is also a life-long process in which God continues to help us grow in faith and love through the work of the Holy Spirit.

We are saved from a life of struggle with guilt and fear. We are also saved for a life of love, joy, peace, and hope: love that results in joyful service, peace within ourselves and with others, the hope of God's guidance and life eternal. To be saved does not mean we will not suffer. Rather, it gives us assurance that God will help us when suffering comes to us.

God's salvation is not just for individuals. God is also working to save the whole world from hatred, pain, and death, and we are partners in that work.

—Rev. Lee Carlile,
El Segundo United Methodist Church

Growing up in Pennsylvania Dutch country, when my grandmother was exasperated with something, she would say: "Give me strength and salvation"!

Asking ourselves questions such as "What is salvation?" is a good thing for we many times use terms and think we know exactly what they are but have really never questioned them as adults.

Whatever salvation meant to my grandmother, I will never know for I never knew a child but I did know it had something to do with religion!

Many people would most likely define salvation as a saving from wrong doing/"sin" or a deliverance from wrong doing/"evil". Sin, evil, hell then creep into our definitions and light on their meaning must be given as well. Sin is an archery term meaning you have missed the target or bull's eye and hell is Sheol in the Bible which meant you burn in hell when you miss the mark. It was an idiom which meant a state of consciousness not a geographical place. Unfortunately, mistranslations, misunderstandings of idioms, customs and mannerisms of speech have obscured the simple and clear words of the

great masters and orators of the Bible. I might add, in particularly Jesus.

Salvation is found when we regain (assumed lost) our conscious possession of God-given attributes. It comes as a result of going FROM God TO God. The story of the prodigal son is an example. Salvation is a not a thing, not an end but a Way for our salvation is through our unity with God. Salvation comes to all of us as a free gift from God. It is a gift which is total Love and frees ourselves from all limitation. A belief that Jesus in some outer was atoned for our sins is not salvation. Salvation is an inner understanding and overcoming which comes individually as a change in consciousness. We use the Christ consciousness (separate from the man, Jesus) to cleanse the mind and free us from wrong doing. This consciousness gives us that "strength and salvation". Now, whether my grandmother would agree or disagree, I will probably never know!

—Rev. Bonnie S. Wulff,
Living the Inner Light Church and
Science Of Mind Center, El Segundo

The most basic question that we need to answer in addressing this topic is simply this: Do we even need to be saved at all? The clear testimony of Scripture is an unflinching "Yes". We – as humans – need to be delivered and emancipated from the just penalty due for all our offenses against God's righteous laws. And because the penalty for breaking such laws is unending banishment from God's presence (in a terrible place called Hell) the stakes simply could not be higher. And here's the Great News: God Himself has undertaken to suffer that punishment and pay that penalty for all who will commit their lives to Him as Savior and Lord.

He did His work (taking sin's penalty) when, in the person of Jesus, the dreadful debt for human sin was fully paid by Him upon the cross. We make our response (committing our lives to Him) when we: (1) Admit that we have broken God's commands; (2) Believe that Jesus has paid sin's debt; and (3) Come to Him as our only Savior and rightful Lord.

It is when we make that simple three-fold (A.B.C.) response that God will cancel our debt, wipe clean our slate, adopt us into His family, walk with us through life, and take us, one-day, to live with Him forever.

Who would want to pass up such an offer of free and full salvation? Make Jesus Christ your personal Savior and Lord today – and that salvation will be yours!

—John Svendsen,
First Baptist Church of El Segundo

Any person interested in responding to or submitting a question may email us at management@heraldpublications.com. Please note that the intent of the column is to enjoy the exchange of ideas and different viewpoints. We are not interested in and will not publish any negativity, condemnation or prejudice. •

Letters

FOXES GUARDING HENHOUSE?

On June 19, the City Council voted to authorize the Mayor to execute an agreement with Beach Cities Transit. Since when is the Mayor executing agreements on behalf of our City? I thought that was the job of the City Manager.

Speaking of the City Manager, the agenda of the June 19 closed session Council meeting shows that our current City Manager is negotiating with one of the employee labor groups. Where is the outrage that was expressed when our previous City Manager was acting as chief negotiator with the employee labor groups last year? Weren't we led to believe this new Council was going to do things differently?

It's amazing how the sky was falling during the City Council election earlier this year now only to see no one paying attention to what's going on at City Hall. I guess the foxes are guarding the henhouse.

Scott Houston

LEFT SPEECHLESS

While working the past 21 years as a teacher in the ESUSD at no time do I remember ever feeling speechless. That changed when I walked into the Joslyn Center recently and was greeted by many former students, parents and colleagues. A student from 20 years ago was there with her 11 month old son and others from out of town. How can I ever begin to thank those who planned this retirement event (including my amazing aide of 17 years, Vicki Graham) along with everyone who came? I'm still reeling from the kindness and generosity shown to me that day. I will cherish Dennis McNeil singing "You Lift Me Up"; the beautiful framed drawing; plumeria tree; personalized ring; photos and cards; and the incredible week

in Hawaii from the Lawson family along with all the monetary gifts to pay for the airfare from so many others. I've loved my job! I felt the love returned back to me and remain in overwhelm. Thank you all from the bottom of my heart.

Dorene Morgan, Former TEDDE, 4th
& 5th grade teacher, ESUSD
POOL PROBLEM

Have you ever heard of an aquatics center in the middle of an elementary school? This is a proposition that is going to be voted on July 10th by the school board members.

I am a teacher at Richmond Street School and a member of this community. I am writing this letter to make you aware of a very important decision that the school board is going to make on July 10th that could affect the children at the school for evermore. Did you know that there is a proposal to build an aquatics center smack dab in the middle of Richmond Street School? There is not one advantage for our children to have a pool built at our school, but there are many disadvantages.

I believe that a community pool is extremely important to the members of our community and the aquatics program at the high school. Our school board has to make a tough decision on July 10th. They have to decide on leaving Richmond Street School a viable option for the pool or taking it completely off the table, which will leave Hilltop Park as the only remaining option for the pool. Since Hilltop is the better of the two sites then why not put the pool there?

Please join me and others on July 10th at 7p.m. in the school board room to urge the school board members to vote no on leaving Richmond School as an option.

Sandy Sabosky•



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Calendar

There is a limited word count of 20 words and fees will apply. Email to escalendar@heraldpublications.com

SUNDAY, JULY 8TH

• The Tavern on Main is hosting it's "Fun-day Brunch" a delicious Sunday Brunch, 9 AM-1 PM.

• City of El Segundo Recreation & Parks Department presents the second of their "Summer Concerts in the Park" Series. Featuring Lyvyn Skynyrd, a tribue to Lynyrd Skynyrd. All concerts performed at Library

Park. Activities start at 4:00; concerts start at 4:30.

WEDNESDAY, JULY 11

• Watch Laurence and Sally Martin every Wednesday night, on the reality show "Baggage Battles", the show is on the Travel Channel. Time Warner Ch. 752 at 7:00 p.m. and 10:00 p.m.; Ch 217 at 10:00 p.m.

FRIDAY, JULY 13

• Vacation Bible School at El Segundo United Methodist Church, July 16-20, 5-8 pm. Sign up at elsegundoumc.org by July 13. •

El Segundo Middle School Brings Dr. Alice Lee Onboard

New Assistant Principal to begin duties in August

By Janice Hickey, Asst. Superintendent El Segundo Unified School District

With the recent appointment of Dr. Jack Plotkin as the newly installed Principal of El Segundo Middle School, the search was on for someone to assist him with the duties of running the school of close to 800 students. Enter Dr. Alice Lee, formerly of the Los Angeles Unified School District, who comes with an extraordinarily deep background of various duties over her eight years in education.

When introducing Dr. Lee to the El Segundo Unified School Board at the June 26 meeting, Dr. Plotkin reiterated Dr. Lee’s qualifications, along with his belief that she will bring a “fresh perspective to El Segundo Middle School, as well as help take this school where it needs to go as it continues developing the International Baccalaureate Program.”

A UCLA graduate with a B.A. in Communication Studies specializing in the Diversified Liberal Arts Program, Dr. Lee earned her teaching credential at UCLA as well as a Master’s in Education, before continuing at

Cal State University Dominguez Hills for her Administrative Services Credential, ultimately returning to UCLA to graduate in June from their Educational Leadership Program with her Doctor of Education.

Her last position was at the YES Academy at Hyde Park Elementary School where she was involved with designing and providing professional development for teachers, supporting the English Language Learner program, analyzing student data, serving as testing coordinator as well as Technology Chair. Before that she spent three years at 3rd Street Elementary School as a Title III Coordinator. Her classroom teaching experience encompasses three years at 32nd Street Performing Arts Magnet in Los Angeles where she was the Gifted and Talented Education Coordinator, an English Language Development Demonstration Teacher, as well as serving as a Master Teacher for students from USC, Cal State LA and the Los Angeles Trade Technical College. Dr. Lee is an experienced conference workshop presenter who also taught English as a second language in Korea as well as Thailand.

Dr. Lee shared with the ESUSD School Board that she is “very honored and excited to have a chance to be part of such a wonderful school district,” and she is excited at the challenges that await her at El Segundo Middle School. •



Principal of El Segundo Middle School, Dr. Jack Plotkin and Dr. Alice Lee. Photo courtesy of the El Segundo Unified School District.

Mattel Rededicates Distribution Center to Founding Couple



City officials joined Mattel in the dedication of the Mattel Design Center in honor of Mattel Founders Ruth and Elliot Handler. The building, located on Mariposa, previously called the Mattel Design Center is now the “Handler Team Center” and employs about 650 Mattel designers that, except for the Fisher Price line, design all the Mattel toys for worldwide distribution. From left to right: Councilmember Bill Fisher; Councilmember Marie Fellhauer; Mayor Pro Tem Suzanne Fuentes; Barbie namesake Barbara Handler Segal; Barbie; Mattel CEO Bryan Stockton; Mayor Carl Jacobson and Councilmember Dave Atkinson. Photo courtesy of Bill Fisher. Barbara Segal was the inspiration for the Barbie doll and the namesake of the iconic toy when Ruth Handler saw her daughter, Barbara, playing with cut out paper dolls and thinking she wanted to make a doll that children could play with just like Barbara played with the paper dolls... and Barbie was born.

By Cristian Vasquez

In the presence of media, long-time employees, local representatives and family of Ruth and Elliot Handler, Mattel rededicated its El Segundo Distribution Center to the Handlers, who founded the internationally known toy manufacturer. The Handler Team Center, which was rededicated just four days before the couple’s 74th wedding anniversary, provided an opportunity for those who knew the Handlers best to remember the impact they had on the toy industry as well as on millions of peoples’ personal lives.

“It is surely a very special day for us today here at Mattel. There are so many wonderful people here today,” Mattel CEO Bryan Stockton said. “We’re really here today to honor Ruth and Elliot and the legacy that they left us. I feel very privileged to be a part of Mattel and all of its history and making wonderful toys.”

Mattel, born in 1945, was the result of the combined efforts of Ruth and Elliot Handler who launched their new company out of a garage workshop. Initially Mattel products consisted of only picture frames, but soon the picture frame scrap would be used to make dollhouse furniture which turned into a side business for the Handlers. Soon, the Handlers turned the company’s emphasis to toys. What made Mattel unique to the toy-making industry was the Handlers’ belief that creating toys had to be done with the child in mind.

“We learned very early that without a child’s participation in one way or another, we might not have play value,” Ruth Handler, in a video interview aired during the ceremony, said. “We were way ahead of anybody in the industry with regards to designing a product that went into a show and then making the toy that went with the show. Without the product, we’d have nothing—he created the product. Then without the ability to take the product and get it to the marketplace, to make it happen again, again it would have been nothing. Together it was everything.”

The partnership between Ruth and Elliot would never stop growing and the success of Mattel expanded exponentially. Nobody witnessed that growth like Barbara Handler Segal, the daughter of Ruth and Elliot, who also happened to be the inspiration for the company’s legendary Barbie doll. “It makes me very proud of what my parents created and it is sort of sentimental today because their pictures are up everywhere and I can see what a wonderful world they created for children,” Handler Segal said. “I wasn’t

a child when Barbie was invented, but I loved it. I used to play with paper dolls and this was the first three-dimensional doll as an adult or teenager that I had ever seen.”

Just for the day’s event, a limited-time-only exhibit of historical toys not open to the public was on display and gave attendees an exclusive look at some of Mattel’s original toys, including an original Barbie doll and Ken doll, early Hot Wheels play sets, See ‘N Say and Chatty Cathy, among others that have not been displayed in many years. Other historical items on display included business cards, original sketches of toy concepts by Elliot Handler and historical photographs courtesy of the personal archives of the Handler family.

“Building Mattel had it up and downs,” Elliot Handler said in a video interview screened during the rededication event. “We had a little trouble, but it was a very happy thing because we had all these things going on around the world. Kids were playing with our products and we were very successful.”

The Handler Team Center is home to approximately 650 employees that carry out tasks such as design, product development, marketing, packaging, inventor relations, franchise development, entertainment production, and consumer products design, among other duties. The center also has a full recording studio, a model shop, an electronics laboratory, a chemistry laboratory and cafeteria. Among the brands that use the distribution center as a home are Barbie, Hot Wheels, Matchbox, Monster High, Polly Pocket, Little Mommy, and Max Steel, as well as the company’s products with its entertainment partners such as Disney, Warner Brothers, Dreamworks and more.

“We like to say that people are the company here at Mattel and this is no more apparent than in the group of people we see here today. We are joined by a group of employees who have been with the company for 20 years or more,” Stockton said. “We have several employees here who worked with Ruth and Elliot and I know that this is a very special day for them and for us. We are very satisfied to be here and to have all these people join us.”

For Handler Segal, Mattel continues to live up to the standards established by her parents. “My parents had this company going as one big family—I remember that from the beginning,” she said. “I met so many employees when I used to run around the factory as a child. Every employee knew my parents and as a child I knew half of the employees on the assembly line.” •

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A horse walks into a bar. The bartender says,
“So, why the long face?”

Sports

Frankly Plank

By Duane Plank

Dancing around the hardwood floors right now to the old Queen tune “Don’t Stop Me Now.” A kind of motivation to flip on the old laptop and tap this out. Next song shoulda been the Billy Idol classic “Dancing With Myself.” Which is exactly what I was doing. Watching some mid-gloaming sports on the tube, ready to pound out another must-read column.

Dodgers were in the process of another nose-dive against the Mets, rolling over against lefty Johan Santana, though they did kind of stop their freefall with a victory Sunday night against the New Yorkers, 8-3. Clayton “Koufax” Kershaw picked up his first win in recent memory. In fact, their first victory in eight days. And Kershaw’s first in his last four starts. The Dodgers’ all-star southpaw should be taking the hill in this weekend’s road series against the Arizona Diamondbacks, who have surreptitiously crept much closer to the free-falling Dodgers, who were ensconced in second place as this tome was filed.

Then Kershaw and the injured Matt Kemp will head to Kansas City to represent Los Doyers in Tuesday night’s All-Star game. In case you were wondering, Blue fans, neither James Loney nor the overweight infielder Uribe will be trekking to Kansas City for the festivities.

As for my Halos, they will be represented by young outfield sensation Mike Trout, strapping stallion big-bat swinger Mark Trumbo, ace righty Jered Weaver and the very handsome lefty slinger C.J. Wilson at Tuesday night’s exhibition game. At press time, the Halos had just strung a two-game winning streak together, with the ace Weaver blanking the Cleveland Indians. The win had cut the awesome Texas Rangers’ lead back to a manageable five games.

Gonna report about another great sporting event that took place last week. The day-job bosses, who really do a great job of taking care of us worker bees, hosted a Thursday night soiree at Torrance’s very own Lucky Strike bowling center. Now, all is well that ends well, but the evening started out a little dicey. Learned a few things along the way. And one of them is to not take any extra stuff into a bowling alley. So I took my cash, my keys in. That was all. Left the cellie in the car and the ID. Which turned out be a small mistake. The man at the door, doing his job, would not allow me in. No ID. No entrance. But when I pointed out my grey hair, he relented but pointed out that I was not too smart to not have my ID with me.

And he was right. The rest of the evening proved how “not smart” I was, but I will tell you that I kicked butt in the second round of bowl-

ing. Didn’t get to bowl the third round--either my team ditched me, or I ditched them. Bowling is a great sport. Don’t partake too often, but remember way back in the day, watching the great Chris Schenkel host a must-see bowling show on the ABC network on Saturday afternoons. Used to watch with the mom Lupe, who was a pretty darn good bowler in her day, sporting a nifty average of, oh let’s say 160.

Thanks for all of the supporters who have asked recently about my knee.

Still limping/running around town, but have actually hankered down and set up a doc visit in a couple of weeks. My thought: Torn meniscus. Which is better than a knee replacement. But I am obviously clueless on many things (don’t laugh), and will defer to any and all in the med field, especially the medicos who read and love this column. Take any advice that you may have. This is supposed to be an interactive forum, an exchange of ideas.

So the Olympics are looming, ready to take place across the pond in a couple of weeks. Making gazillionaires out of a couple of over-hyped athletes who frankly none of us could care less about unless the Olympics were on. Have not spent a second watching the swimming trials, the track an -field trials, the equestrian trials. Have you? Don’t lie. You really interested in what that Phelps guy does in the pool? Unless it happens at the Olympics? Seems like the guy can rack up medals for doing the exact same thing, only adding a couple of meters, 75-this, 100-meter that. Do the same thing, only flip over onto your back and you win another gold medal. Really?

But I will be watching, as I watched as much of the recently concluded Euro soccer tourney as I could, which ended with a blowout win by the juggernaut from Spain 4-nil. Which means four to nothing to you soccer haters.

And finishing out the tagline: Cheetah Woods captured his third tourney of the year, winning the classic that took place in Bethesda, Maryland. Tiger’s third win of the year. RJ the Golfer, sometime column supporter, wanted it mentioned that he had predicted, before the beginning of the tour year, that the comebacking Woods would win four events and a major. Guy might be right--two majors left in this golfing season.

And finally, my L.A. Kings have brought all the boys back, recently re-signing Dustin “Rustin” Penner to a one-year deal after inking free agents Jaret Stoll and Colin Fraser to sensible deals. Which means that the entire ensemble of the 2012 Stanley Cup winners could be available to take to the ice when the triumphant Kings open up camp locally in a couple of months... •

Greg’s Sports



Sophomore Eric Chance had a big year for the Eagles



Nick Martinez will return in 2013 to help lead the Eagles



UC Irvine-bound pitcher Josh Bornstein led the Eagles’ staff with the lowest ERA.

Photos by Gregg McMullin.
Spring Sports Produced Championship Efforts

By Gregg McMullin

The Eagles continued to provide plenty excitement through the spring season. The baseball team won its second Pioneer League crown in three years under Coach Craig Cousins. The boys’ volleyball team dominated the opposition on the way to a 22-5 record and a deep run in the postseason. The girls’ softball team provided some thrills by defeating some top teams, while the track and swim teams competed at a high level.

Though the Eagles would not win any CIF titles, they did provide enough excitement for our community. They also continued

their sportsmanship and integrity that sets El Segundo High School athletics aside from most other campuses.

Boys’ Volleyball

The Eagles returned to the CIF Southern Section playoffs with a second place finish behind top-ranked South Torrance. Led by All-South selection Bobby Romano, Jason Brandlin and Ryan Sharp, the Eagles started the season out strong by going 15-1--their only loss was to CIF champion Chadwick.

As the Eagles continued their winning ways, their confidence going into Pioneer League

See Sports, page 7

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SMILE awhile



Green Dolphins- Big Smiles after a Big Sand Soccer game in Santa Monica. Submitted by Sass Muncey.



Sophie (dog) and Preston (2 years old). Submitted by Kristen Poulos.

Readers send us your photos! Do you have a favorite photo? An old yearbook photo? Glamour Shot? Baby photo? **We want them.** We will accept only one photo, per person, every month. Once a month, we will pick a "Staff Favorite" and the winner will get a **\$25.00 gift certificate** from one of our advertisers.

Email your photos to: Management@heraldpublications.com. We will only accept emailed photos and they must be in jpg form.

June 2012 Winner

SMILE awhile

Our Staff Pick for June is "Devin Preston," which was published on June 14 and submitted by Sharon A. Jackson. The winner will receive a \$25 gift certificate from our advertiser Valentino's Pizza with locations in El Segundo and Manhattan Beach.



Business Briefs

Free Workshop Helps Homeowners Build In Energy Efficiency

"Energy Upgrades for Remodeling Your Entire House" FREE WORKSHOP. This workshop explores the whole house approach in finding ways to build in energy efficiency. Many financial rebate and incentive programs on the federal, state and local levels are available to homeowners that will help maximize the remodeling investment, including ENERGY UPGRADE CALIFORNIA! The result will

be a healthier home that is not only energy and water efficient but will cost less to operate. Presented by South Bay Environmental Services Center; hosted by South Bay Adult School, 701 S. Peck Ave, Room 35, Manhattan Beach, CA 90266. Please pre-register by visiting www.sbesc.com/calendar or call Grace Farwell-Granger at 310-371-7222 ext 206 for further information.

Chevron Hosts Grand Prix, July 8

Celebrating over five decades of elite cycling competition, bike racers are gearing up for the Chevron Manhattan Beach Grand Prix on Sunday, July 8. This marks Chevron's 22nd consecutive year as the title sponsor of this event, which was founded in 1962 by local racing legend Ted Ernst. With Chevron's support and that of the South Bay Wheelmen Foundation, the Grand Prix has grown to attract nearly 1,000 contestants, including the world's top cyclists, from six continents, and over 7,500 spectators. The first race begins at 7 a.m. at Live Oak Park in Manhattan Beach, Calif. The Chevron Manhattan Beach Grand Prix features nice races catering to all levels of USA Cycling (USAC) racers, as well as a wide range of community racers. Fan favorites include the kid's races for children between the ages of two and 14, which begin at 2:40 p.m.; the Women's Pro

Race at 11:15 a.m.; Men's Category 2 Race at 12:10 p.m. and the Men's Pro National Criterium Calendar (NCC) race at 1:10 p.m. Riding either a bicycle or a tricycle, kids compete for various medals and each participant receives an official race number, t-shirt, medal, goodie bag and Chevron toy car. Adult cyclists take on the challenging course in an effort to win a portion of the \$21,500 in prize money being awarded that day and one of the coveted Grand Prix winners' jerseys. "For over 50 years, the historic Chevron Manhattan Beach Grand Prix has been providing world-class racing in a hometown atmosphere," said Rod Spackman, Chevron's Manager of Policy, Government and Public Affairs. "The event continues to cultivate a new generation of cycling enthusiasts in Southern California and we are honored that Chevron and the South Bay serves as its base of support."

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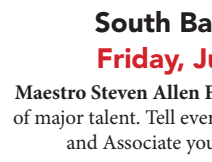
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Sports

from page 5

play was high. Defeating North Torrance, Centennial and Torrance became an easy task, but going up against South Torrance was their biggest challenge.

El Segundo held its own against South Torrance’s big, physical line in both matches, but fell 3-0 in each. In their first match against the Spartans, the Eagles had leads in the first and third games before falling. In their second meeting, the Eagles just couldn’t quite keep up with South’s front line and fell in straight games 25-16, 25-18, 25-17.

El Segundo would enter the CIF Southern Section Division 3 playoffs as the second place team and a long shot to be the spoiler. In the first round the Eagles faced Westminster, the third place team from the Golden West League. The Eagles went to work on the Lions early and came away with an easy 25-13, 25-16, 25-22 win. Bobby Romano continued his excellent play with 24 kills, while Ryan Sharp had 24 assists and Eric Chance had seven blocks to lead the team.

In the second round, the Eagles faced a scrappy Western Pioneer team. The Pioneers placed second in the competitive Empire League and came into the playoffs riding a five-match win streak. The Eagles struggled against the Pioneers and the teams went five games, but the Eagles prevailed 25-19, 22-25, 26-28, 25-22, 15-12. With the win the Eagles would play Warren in the quarterfinals, but sadly the season would end in a 3-0 sweep.

Boys’ Tennis

The Eagles had some success outside of the competitive Pioneer League this past spring. Robert Gladstone and brothers Taylor and Andrew Stern were standouts this year and led the Eagles to a 7-12 record, but El Segundo missed the postseason playoffs.

Swim Teams

The boys’ team was led by Oscar Chen, Jonathan Paz, Ryan Kigawa, Jase Emery, Grant Hogoboom, Bradley Rava and Toby Contarsy. On the girls’ side, sophomore sensation Kira Makuta won the 200 freestyle and the 500 freestyle at the Pioneer League finals and was named to the All-South Bay team. Others who excelled this year for the Eagles were Sydney Amaral, Jordan Stiggers and Hayden Green

Track

The boys’ and girls’ track teams enjoyed working out on their new facility where they improved in nearly each event. Though the Eagles didn’t host as many meets as they would have liked, they performed at a high level on the road. Blaize Ali-Watkins (long jump, triple jump), Lane Krejck (hurdles), Kevin Quails (triple jump) and the relay team of Jack Dinsmore, Joshua Pacheco, Ali-Watkins and Kendall Brown led the boys’ team.

On the girls’ side, Anna Farello continued to show why she could be one of the top track athletes in the area. All the junior speedster did at the Pioneer League finals was win the 800 and place third in the 1600. Other top girls leading the team at the league finals were Kristin Virkler (200), Kendall Brooks (400), Joselyn Marcia (100 hurdles), Kaley Owens (300 hurdles) and Jasmine Margetts (800 and 3,200).

Softball

The Lady Eagles were a young team with a number of rising stars including sophomore pitcher McCall James leading the way. The team also had four freshmen who contributed highly to El Segundo’s success. Shortstop Rhianna Rich looks to be the real deal. Erin Burner will be a premier outfielder in time and pitcher Shannon Brooker and catcher Kaitlyn Covington made an immediate impact on the team. The top seniors took leadership roles and Jackie Gonzales, Iliana Morales, Julia Smith and Miranda Petersen took their responsibilities seriously.

Pitching and defense were the mainstays of this team and helped the Lady Eagles stay in each game. The team would finish 18-8 and five of those losses were of two runs or less.

The team started off the season 9-3 playing some tough competition and did well in each tournament. In the finals of the El Segundo Tournament, the Lady Eagles just could not stop Lakewood, the second-ranked team in the CIF-SS Division II. The Lancers pounded out a 7-2 win over El Segundo.

The Lady Eagles would finish tied for second in the Pioneer League with Torrance behind league champion North Torrance. They entered the CIF Southern Section needing a wildcard win over Paramount in the Division III. The Lady Eagles’ offense fell silent and El Segundo was eliminated 3-1 by the Pirates.

Baseball

The Eagles had a number of returning starters in their lineup, but questions still remained. After losing four-year starters Nigel Nootbaar and Grant Palmer to graduation, who would the team lean to for offensive power and pitching dominance? Junior centerfielder Eric Gronhagen would be the catalyst on offense while Josh Bornstein threw in some of the high-profile games.

The team struggled early in the season both on offense and defense. Offensively, the Eagles couldn’t get the timely hitting or the long ball. On defense, errors in the infield and wildness on the mound helped contribute to a 6-7 record going into Pioneer League play.

As the season progressed, Leo Fahmie and Ryan Pordes were solid on the mound, the defensive woes lessened and the Eagles’ hitting came around. Gronhagen, who was second in the South Bay in home runs with seven, hit a 395-foot walk-off homer against El Rancho in the St. Paul Tournament during the spring break. The monster hit was not enough to propel the Eagles on a winning streak, though, as they dropped three out of the next four games.

The Eagles would be in a dogfight for a championship in the Pioneer League with Torrance, North Torrance and South Torrance. In the final week of the regular season, there was still doubt as to who would claim the league title. It came down to South Torrance at El Segundo when North knocked Torrance off. A win by South would force a four-way tie and a lot of headaches for athletic directors.

In one of the most bizarre high school baseball games you’ll ever watch, the Eagles saw a seven-run lead disappear in the seventh inning and the Spartans tied the game at 13-13. In the bottom of the seventh Austin Brasher, who was five-for-five on the night, led off the inning with a double. Derrick Abramson, who had three hits on the night, sent a flair to right field that scored Bobby Dean, who was running for Brasher, for the winning run.

The win gave the Eagles their 34th league title and second in three years since the passing of legendary coach John Stevenson. The Eagles’ reward for the playoffs was a game with Oaks Christian, which was 21-4 on the field but forfeited nine games for a CIF violation.

The Eagles would win a thriller 4-3 before a capacity crowd at home. It was perhaps one of the best-played games all year long with clutch pitching, good defense and timely hitting. Gronhagen’s two-run home run in the first inning and two-run single in the third gave the Eagles a 4-1 lead. The Lions rallied for two runs in the seventh inning to make it 4-3 before the game was closed out on a ground ball to third baseman Zac Stone.

The Eagles faced top-seeded Palm Desert in the second round. It marked the third time in four years the two teams had met in the desert for a playoff game. The eventual CIF champions held the Eagles in check 7-2 to end El Segundo’s season.

With the 2011-12 season in the books, the 2012-13 athletic calendar will be upon us in no time at all. The Eagles host Lynwood on August 31 at 7 p.m. to open the football season. •

A Student’s Perspective

Society’s Addiction to Busy and Ignorance of Rest

By Glen Abalayan,
Torrance High School Student

Society has bred a generation of workaholics. It has changed people’s attitudes about work and rest. Today, people are working too hard and resting too little. For 200 years, society and personal lifestyles have changed man’s definition of the word rest and skewered it from a refuge from daily life into an activity that is looked down upon. With society’s rapid pace, changing attitudes and transition into an interconnected global system, can people still get the rest they need?

Unfortunately in a number of developed countries, the answer is most likely to be no. Society has an addiction to staying busy--busy doing work, busy worrying about work, or even busy when there isn’t any work. With the introduction of the computer, Starbucks and the disposable coffee cup, people are further disregarding a proper night’s rest and replacing it with more activities to keep them away from the bed and into the workplace.

The key cause of society’s ignorance for rest is because people tend to not get enough sleep. Unfortunately, today’s generation thinks sleeping causes them to miss out on opportunity. But developing a habit of sleep deprivation is a risk to one’s health and the safety of those around them.

Not giving your body the rest it deserves can greatly put you at a higher risk of heart conditions. According to the studies conducted by the University of Warwick, an individual who sleeps less than six hours a night has a 15 percent higher risk of developing or dying from a stroke and a terrifying 48 percent greater chance of developing or dying from a heart attack. Sleep deprivation also affects one’s appearance and behavior as a lack of sleep can translate into an increase in weight,


a short temper and a decrease in attention span and life expectancy.

Sleep deprivation can also endanger the safety of those around you. A study conducted by the British Medical Journal during 2000 announced that individuals who stayed awake for more than 17 hours possessed the behaviors and blood type of a drunkard. Their research involved sleep-deprived drivers taking various tests and compared it to results from an individual with a blood alcohol level of 0.5 percent. After the experiment, they concluded that the sleep-deprived driver actually performed worse than the intoxicated driver. The test’s result is an accurate reproduction of real life as the National Sleep Foundation reported in a 2012 survey that 14 percent of truck drivers said they encountered a near miss because of their lack of sleep. The number of truck drivers experiencing near misses is small compared to train operators, with 18 percent, and airline pilots, who are at most risk with a stunning 20 percent.

Along with people not getting enough sleep, another reason for society’s lack of sleep is how people spend their time away from work. Ever since the introductions of the television, individuals have spent their time away from work staying up later and giving up sleep to watch television. As the main source of entertainment changes from television to computers, individuals are more likely to stay up late because of the unlimited source of information and entertainment the Internet provides. Although activities such as watching television or using the computer may be considered as a way to unwind, they do not provide the body with any way

See Student’s, page 17

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Metro Briefs

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The Metro Expo Line’s Culver City and Farmdale stations are now open, making it easier to go Metro to more attractions. Discover Culver City’s dining scene along with the museums of Expo Park, Downtown nightlife and more. For more information, go to metro.net/expo.

Construction Begins On Wilshire I-405 Ramps
As part of the I-405 Sepulveda Pass Improvements Project, crews will demolish and reconstruct I-405 freeway ramps over the next year and a half. Construction on the first pair of ramps at Wilshire Boulevard is now underway. Check metro.net/405 for the latest information on closures and construction schedules.

Look For Metro At CalCon Expo August 2
Contractors, construction professionals and suppliers can learn about \$150 billion in public works projects underway by attending the upcoming California Construction Expo (CalCon) at the Pasadena Convention Center. The government sector is in need of qualified firms to support construction programs. Learn more at calconexpo.com.

Measure R Projects Moving Forward
Metro continues to make progress on more than 70 transportation improvement projects funded by voter-approved Measure R. Included in those projects are 48 for highway and traffic reduction, 16 for rail and rapid transit and nine for public transit. Follow their progress at metro.net/measurer.

Get Through Traffic Faster With ExpressLanes
Starting this fall, Metro ExpressLanes can help you get through traffic faster on the I-110 Freeway. These special lanes are available toll-free to eligible carpools, vanpools and motorcycles, and for a toll to solo drivers – all you need is a FasTrak® transponder. To get your transponder, visit metro.net/expresslanes.



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Politically Speaking

One Man's Opinion

By Gerry Chong

This morning I'm working on my first cup of joe--the neighborhood cat wrapped around my feet looking for a handout and I'm browsing through the morning rag's report on national tragedies. A small inside page article called my attention to the fact that the Fourth of July is coming, and it got me to thinking about the Founding Fathers and what they would have thought about our stewardship of this ship of state they had handed to us. Thomas Paine, reflecting the challenges of his time, said, "These are the times that try men's souls," but I would suggest those sentiments apply to us as well. Pull up a chair, pour yourself a cup and let's chat a bit.

Do you remember when the very foundation of the American dream was an education from a word-class American university? That the result of that education was a satisfying career...not just a job...but a career of the graduate's choosing? That the graduate could marry, have children and save enough money to buy his own home in a safe neighborhood? That his children could attend a functioning public school and the family be allowed to worship in a religion of its choosing? Wasn't it the dream of every parent that his children would stand on the shoulders of generations past and accomplish that which had eluded his elders? Where did that dream go?

Today, every aspect of that dream (quality university education, post-education career, marriage between a man and a woman, home ownership, quality public schools, practicing religion of one's choice) are all under siege. Elaborating on each of their challenges would be depressing and lead me to add Kahlua to my coffee. Suffice it to say, the American Dream has turned into a cruel mirage.

The most insidious consequence of our failing may be the death of national optimism--the belief in upward mobility and confidence in a brighter tomorrow. Sadly we now focus negatively on just avoiding catastrophe for one more day, one more week, one more year. After nearly four years, 62 percent of the country believes we are still in recession. The best we can dream of is anemic economic expansion that is insufficient to keep up with population growth, and the worst is a flat out 2013 economic recession. In the words of

the civil rights movement, "Been down so long, it looks like up to me."

And in this era of discouraging news on an individual level, wouldn't you at least expect a President to respect the rule of law and the will of the people?

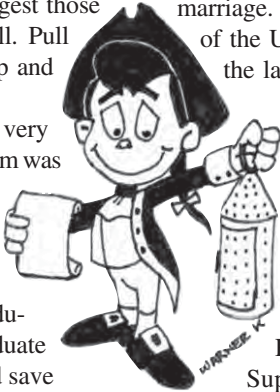
The Federal Defense of Marriage Act (DOMA) defined a marriage as between a man and a woman, and is the law of the land, but President Obama has chosen to reject the Constitutional requirement that he enforce the law--but instead supports gay marriage. The issue is not whether or not one supports gay marriage. It is whether or not the President of the United States is required to follow the law. He says "not."

In another arena, only 38 percent of the population supports Obamacare, but the President has chosen to reject the public will, directing the Health and Human Services Department to spend \$2.7 billion over the last three months to implement the unpopular law. Regardless of the decision of the Supreme Court, the President has flipped off the court of public opinion.

On June 15, the President by fiat declared that he will not enforce the provisions of the Immigration Act by stopping deportation of young illegals and beginning approval of work permits. Left unsaid was whether or not the parents of the 800,000 young immigrants will also be exempt from deportation. The President violates federal law, making supreme the opinion of one man.

On June 25, the Supreme Court said Arizona police have the authority to ask for evidence of legal residency during otherwise legal stops, relaying information on illegals to the federal authorities. Following the ruling the Administration responded by terminating immigration enforcement agreements with the state, thereby defying the intent of the court.

Thomas Paine would undoubtedly agree that these are times that try men's souls. We are beset by an endless recession with a national debt growing at \$4 billion per day. Of the 11 recessions over the last 60 years, this recovery ranks last in terms of GDP growth and ninth in job growth. The American Dream is under the threat of extinction and we are governed by a man who will not abide the rule of law or the consent of the governed. Come to think of it, I will add a shot of Kahlua to my morning coffee. Join me? •



Political Penguin

By Duane Plank

Greetings, comrades and revelers, the day after the Fourth of July festivities. Trust that you all behaved somewhat responsibly? Did not partake in any of the illegality of fireworks, point a dangerous bottle-rocket at one of the neighbors' abodes, the neighbors who are constantly oh-so unfriendly and tight-lipped as you try to greet them as they walk their dog by your residence and let the scurvy hound relieve himself on your pristine lawn?

I will take a leap of faith and tell you I behaved just like some of you column fans would have expected me to behave.

The Fourth is the most political of holidays, right? The day, 236 years ago when we declared our independence from the British rogues who had deified and vilified the oppressed who would soon become Americans after braving a scurvy-laden boat ride across the pond. Seems that we have patched up our differences with the British folk, and in fact are getting ready to send our finest professional athletes over to jolly old England later this month and try to bring back the gold and the zillion dollars in endorsement money that is out there in the 2012 Summer Olympics.

Now, I will watch a heck of a lot of the Olympic coverage, but not all too interested in waving the jingoistic red, white and blue pom-pom. Yes, I want the American professional athletes to outpoint the professional athletes from the other participating countries, but it just ain't the same as it was back in the day when we would watch the tube and root against the evil Russians, the evil East Germans--especially the East German women who seemed to have more facial hair than the Canadian men's team. In any and all sports...

The Bolshoi that was promulgated back then, that the Games of the Olympiad were pure, was a crock. It was beat the Evil Empire and the other commies. And there were some epic battles between the alleged free world and the Russian empire, but they seemed to take a backseat to politics in 1980, when the miscast peanut farmer President from the sticks of Georgia, one Jimmy Carter, screwed a bunch of our young athletes and decided to boycott the Olympics that year that took place in the very Communist Soviet Union. Red scare and all. Boy, that seems like a long time ago, doesn't it?

Seems that the Commies had invaded Afghanistan and the overmatched one-term President from Plains, Georgia got his skivvies in a bunch and spearheaded a boycott of the Games that took place in Moscow. So shock-

ingly, a bunch of Eastern European athletes brought home a majority of the coveted medals, leaving our getting-paid-under-the-table athletes out in the proverbial cold.

Course the tables were turned four years later when the Soviets and their sympathizers said nyet to attending the Summer Olympics that went off without a hitch in Los Angeles. And opened the doors for a bunch of American guys and gals to win medals in sports that heretofore had been dominated by the men and women/men of the Soviet bloc countries.

Speaking of Afghanistan, why is such a heck-hole of a country allowed to cause so much worldwide consternation? A boycott of the "all-important" Olympics 32 years ago and a war to track down the dirt-bag Bin Laden that has taken the lives of how many Americans? According to a CNN report about three weeks ago, the 2,000th American lost his life in the war that has lasted nearly 4,000 days.

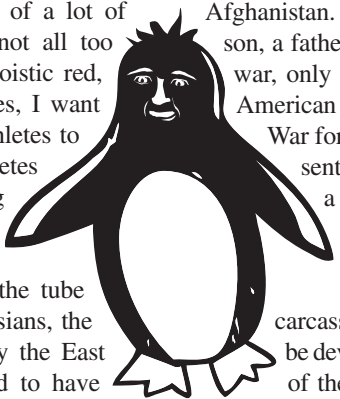
Marine Corporal Taylor J. Baune was killed--number 2,000 for whom the bell tolled. Baune had just been recently married, three months before his deployment to Afghanistan. Can't even fathom sending a son, a father, a brother off to a so-called war, only to have them be returned to American soil in a flag-draped coffin. War for what? Think Bin Laden was sent to the bottom of the ocean a good while ago.

We, and I use that term loosely, found him, eliminated him and sent his sorry carcass into the ocean, to hopefully be devoured by the predatory sharks of the waterways. So, game over. War over. Time to come home, right, Mr. Obama?

Course the POTUS said that he was going to get us out of this mess over there, but like a lot of his campaign promises, they never came to fruition. Which is to be expected. Par for the course. You think that you can actually believe most of the rhetoric that Mitt "The Glove" Romney is currently promulgating as he sharpens his attack on the policies of the one-time community organizer from Illinois?

Did find it interesting that recently a few Demo politicians said that they will be skipping the Donkey Party's nominating convention slated to take place in NASCAR territory, Charlotte, North Carolina, in early September. Seems that some of the Demos who are facing a tough reelection challenge this November would rather distance themselves from the Prez instead of trying to latch themselves onto his coattails. Stiffing an incumbent President is an interesting strategy. We'll see how it plays out in November.

And finally: I gripe when the price of petrol goes up, so I will now cheer that the rip-off pricing scheme that the oil companies continue to gouge us with has yielded some pricing under four bucks a gallon. Aren't we consumers ever so lucky? •



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FOOD & DINING

Grilled Steak with Pepper Relish

Here, we toss colorful bell peppers in a balsamic-herb vinaigrette and grill them in a foil packet at the same time as the steak. Serve with corn on the cob.

Servings: 4 servings
Total Time: 35 minutes
Health: Diabetes Appropriate, Low Calorie, Low Carb, Low Sat Fat, Low Cholesterol, Low Sodium, Heart Healthy, Healthy Weight

Ingredients:
3 small red, yellow and/or orange bell peppers, sliced
1 small onion, halved and sliced
2 tablespoons balsamic vinegar

1 tablespoon extra-virgin olive oil
1 tablespoon capers, rinsed
1 tablespoon finely chopped fresh thyme or 1 teaspoon dried, divided
1/2 teaspoon salt, divided
1/2 teaspoon freshly ground pepper, divided
1 pound sirloin steak or strip steak (1-1 1/4 inches thick), trimmed and cut into 4 portions
1 teaspoon garlic powder

Steps:
1: Preheat grill to medium.
2: Combine bell peppers, onion, vinegar, oil, capers, 2 teaspoons fresh thyme (or 3/4 teaspoon dried) and 1/4 teaspoon each salt

and pepper in a large bowl.
3: Stack two 30-inch-long pieces of foil. Arrange the pepper mixture on one half and fold the foil. Tightly seal the packet by crimping and folding the edges together.
4: Sprinkle both sides of steak with garlic powder, the remaining thyme and 1/4 teaspoon each salt and pepper.
5: Oil the grill rack (see Tip). Place the steak and foil packet on the grill. Grill the steak about 4 minutes per side for medium-rare, 5 minutes per side for medium. Grill the packet until the vegetables are tender, 10 to 12 minutes. Let the steak rest for 5

minutes. Serve the steak with the peppers.
Nutrition: (Per serving) Calories - 202 Carbohydrates - 7 Fat - 8 Saturated Fat - 2 Monounsaturated Fat - 4 Protein - 23 Cholesterol - 42 Dietary Fiber - 2 Potassium - 454 Sodium - 365 Nutrition Bonus - Nutrition bonus: Vitamin C (122% daily value), Vitamin A (35% dv), Zinc (29% dv).
Tip: To oil a grill rack, oil a folded paper towel, hold it with tongs and rub it over the rack. (Do not use cooking spray on a hot grill.)
By EatingWell, Courtesy of Arcamax.com •



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Department of Transportation provides ‘Blueprint for Ending Distracted Driving’

Provided by shopautoweek.com
June 7, 2012

U.S. Transportation Secretary Ray LaHood released the Department of Transportation’s “Blueprint for Ending Distracted Driving” during a press briefing Thursday. The plan, which builds on three years of research and initiatives to reduce distracted driving, details what needs to be done to further reduce traffic fatalities caused specifically by texting or talking on a handheld cell phone while driving.

“Distracted driving is an epidemic. While we’ve made progress in the past three years by raising awareness about this risky behav-

ior, the simple fact is people are continuing to be killed and injured -- and we can put an end to it,” LaHood explained.

The plan focuses on four main recommendations to Congress, states and individuals and is available for download at www.distraction.gov. Here are the main points:

Enact tough laws against distracted driving and provide good enforcement of those laws

As of June 8, 39 states have bans on texting while driving, and 10 states have outlawed the use of handheld devices while driving altogether. The Department of Transportation would like to see the re-

maining 11 states enact legislation banning texting.

Pilot projects publicizing and enforcing these bans in Hartford, Conn., and Syracuse, N.Y., proved beneficial and did reduce the amount of texting and driving in these areas. Tickets and fines were issued. During the press briefing, LaHood said an expansion of these pilot projects is underway and will be focused on the areas of Sacramento, Calif., and the state of Delaware.

The Motor Vehicle and Highway Safety Act of 2012 currently includes \$39 million in grants to be awarded to states that have enacted distracted-driving legislation in or-

der to help publicize and enforce the laws. Provided this element of the legislation is not removed before it is approved, these dollars could go a long way toward helping a larger percentage of the U.S. population see a greater reduction in distracted-driving incidents and fatalities.

Provide better education for young people about the dangers of distracted driving

Part of the blueprint discusses the importance of adding data about distracted driving to the standardized driver’s training curriculum. In order to get teens involved in spreading the antitexting word, the Department of Transportation launched a design challenge. Teens have been charged with designing an icon that could be shared via social media and become known as a symbol of safe driving habits.

Address safety of developing technology
This portion of the plan urges manufacturers to be cautious when designing in-car technology and to take distraction into account. This applies to developers of other handheld devices, too, as many drivers have become accustomed to bringing their technology with them into the car. A complete list of guidelines for manufacturers was rolled out as Phase I of transforming how vehicle manufacturers approach distracted driving. Phase II will further address other handheld devices but has not been released yet.

Get involved
During the press briefing, LaHood introduced a woman whose life had been instantly changed by a distracted driver. She described how she was stopped at a red light three years ago and was hit by someone who had been texting. The impact was severe and caused the innocent driver to suffer brain and spinal-cord injuries among others. She spent every day of the year following the accident in physical therapy trying to recover. Because she needed to work on her rehabilitation, she was forced to miss out on much of her high-school-aged son’s life. She felt horrible about this as she is her son’s only parent. Her message was not only that people should not text and drive, but that everyone should let their loved ones know how much they are cared about and needed so that they think twice before texting too.

The blueprint encourages parents to talk to teens and suggests community members get involved in enacting legislation to stop distracted driving.

Involvement is important because, when all is said and done, the blueprint is nothing more than a recommendation and does not mandate safer behaviors.

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What do you call a sleeping bull?
A bulldozer.

How do you fit more pigs on your farm? Build a sty-scraper!

What did the farmer call the cow that had no milk?
An udder failure.

The Wheel Deal

Tips for Traveling with Extended Multigenerational Family

(ARA) - Family travel, also referred to as multigenerational travel, is a growing trend not likely to slow any time soon, with more and more people considering the benefits of traveling with extended family. If the idea of taking a trip with your family - children, parents, grandparents or more - appeals to you, here are some tips that will help ensure

your vacation is one everyone in the family will enjoy.

Forty percent of U.S. leisure travelers - 20.8 million people - had taken a multigenerational trip in the previous 12 months, according to a 2011 Preferred Hotel Group study. This year the numbers could grow even more. To plan the best multigenerational trip, possible, follow these insider tips:

Tip 1: Make planning a group activity

The most successful multigenerational vacations are when all family members are involved in choosing the destination. It will take some research to find the right locale for your vacation, and brainstorming with the entire group, young and old, to get ideas of where to go is a wise way to start your travel adventure. Do more

people want a secluded trip with outdoor activity options, or does your family lean more toward travel to a big city with lots of shopping and museum visits? If everyone has a say in what type of vacation they enjoy up front, it's easier to narrow down destinations that will make everyone happy.

Tip 2: Find group accommodations

While getting separate hotel rooms can work for multigenerational travel, having a large suite or private residence where the entire group can reside provides a more unified travel experience. The key is to find a place that is comfortable for all and provides many of the conveniences of home,



Sandhill, a private escape and part of The American Club Resort in Kohler, Wis., offers a variety of activities for the multigenerational family trip

but still feels like a grand escape. An extra consideration: Look for accommodations with a full kitchen so your family can cook and eat meals together as desired. Starting the day with a full family breakfast or ending

See Tips, page 12



Families of all ages can enjoy vacations where a variety of activities are offered.

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Keith's Auto was Firestone	\$30.00	\$140.00 + tax installed 5 yr warranty	\$89.95	\$220.00
Sears	\$29.99	\$89.99 + tax installed One Year Battery 5 yr warranty	No Charge	\$155.88
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MAINTENANCE MINDER
MESSAGES

The Maintenance Minder allows you to enjoy your vehicle without wondering when it's due for service!

MAINTENANCE MAIN ITEMS

SYMBOL	WHAT IT MEANS
A	Replace engine oil and filter
B	Replace engine oil and oil filter. Also inspect various systems and components. (See applicable service manual for details.)

MAINTENANCE SUB ITEMS

#	WHAT TO DO
1	Rotate tires, and check tire pressure and condition.
2	Replace air cleaner element, check drive belt, and replace dust and pollen filter.
3	Replace transmission fluid and transfer fluid (if equipped).
4	Replace spark plugs, replace timing belt (if equipped), inspect water pump, and inspect valve clearance.
5	Replace engine coolant
6	Replace rear differential fluid (if equipped).

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- "Honda Certified" multipoint inspection

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A-2 SERVICE

- Replace engine oil and filter
- Up to 5 quarts non synthetic
- Replace drain plug gasket
- Inspect and rotate tires-inflate to proper p.s.i.
- Replace air filter
- Replace dust and pollen filter
- "Honda Certified" multipoint inspection

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B-1 SERVICE

- Replace engine oil and filter
- Up to 5 quarts non synthetic
- Replace drain plug gasket
- Inspect and rotate tires-inflate to proper p.s.i.
- Inspect, clean and adjust brakes
- Adjust parking brake
- "Honda Certified" multipoint inspection

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B-2 SERVICE

- Replace engine oil and filter
- Up to 5 quarts non synthetic
- Replace drain plug gasket
- Inspect and rotate tires-inflate to proper p.s.i.
- Inspect, clean and adjust brakes
- Adjust parking brake
- Replace air filter
- Replace dust and pollen filter
- "Honda Certified" multipoint inspection

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<div><h3>New 2012 Prius Model Three</h3><div><div>MSRP.....\$26,550 Elway Discount.....\$3,162 Sale Price.....\$23,388 Military Discount**.....\$500</div><div></div><div><ul style="list-style-type: none">NAVIGATIONBack-Up CameraSirius XMPandoraBluetoothEntune</div></div><div><div>Model 1225</div><div>NET COST</div><div>\$22,888</div><div>5 AT THIS OFFER</div></div></div>	<div><h3>New 2012 Corolla S</h3><div><div>MSRP.....\$19,805 Elway Discount.....\$2,617 Sale Price.....\$17,188 College Grad Rebate*.....\$1,000 Factory Rebate.....\$500</div><div></div><div><ul style="list-style-type: none">BLUETOOTHiPod ConnectivityRear SpoilerBody KitCruise ControlRemote Keyless Entry</div></div><div><div>Model 1834</div><div>NET COST</div><div>\$15,688</div><div>3 AT THIS OFFER (011647,058055, 058070)</div></div></div>					
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<div><h3>New 2012 Highlander</h3><div><div>MSRP.....\$29,312 Elway Discount.....\$3,574 Sale Price.....\$25,738 Military Discount**.....\$500 Factory Rebate.....\$750</div><div></div><div><ul style="list-style-type: none">3RD ROW SEATINGStar Safety SystemKeyless EntryCruise Control4X2, AUX JackConversation Mirror</div></div><div><div>Model 6942</div><div>NET COST</div><div>\$24,488</div><div>1 AT THIS OFFER (018882)</div></div></div>	<div><h3>New 2012 Camry XLE</h3><div><div>MSRP.....\$25,760 Elway Discount.....\$3,872 Sale Price.....\$21,888 College Grad Rebate*.....\$1,000</div><div></div><div><ul style="list-style-type: none">MOONROOFPwr Driver SeatUSB w/ iPod ConnSide Rocker PanelsFog LampsBluetooth</div></div><div><div>Model 2540</div><div>NET COST</div><div>\$20,888</div><div>3 AT THIS OFFER (223448, 224927, 232246)</div></div></div>					
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<div><div>'00 Toyota Avalon XLS LOW MILES, LTHR, ONE-OF-A-KIND (087917/035706) \$8,888</div></div>	<div><div>'04 Honda Pilot EX-L 3RD ROW, LTHR, IMMACULATE (089297/052095) \$12,995</div></div>	<div><div>'06 Nissan Pathfinder 3RD ROW, FAMILY SUV (087147/627537) \$15,595</div></div>	<div><div>'10 Chrysler Sebring LEATHER, PR. RENTAL, CLEAN (087747/199795) \$15,995</div></div>	<div><div>'07 Ford Mustang V6 Premium Wheels, Leather (089537/199957) \$15,995</div></div>	<div><div>'09 Mazda MAZDA6 ALLOYS, MOONROOF (089477/130799) \$16,995</div></div>	<div><div>'10 Mazda MAZDA3 ALLOYS, 6 DISC, FUN! (088177/147471) \$17,995</div></div>
<div><div>'06 Toyota Avalon XLS ONLY 47K MILES, RARE! (088677/119107) \$18,888</div></div>	<div><div>'06 Toyota Highlander Hybrid LTD 4x4 V6, NAV, 3rd ROW (088837/013435) \$18,995</div></div>	<div><div>'07 Audi A4 LTHR, ONLY 39K MILES, RARE! (088687/121181) \$20,995</div></div>	<div><div>'03 Hummer H2 Rare, Immaculate, Only 47K Miles (089587/125114) \$22,995</div></div>	<div><div>'08 Infiniti FX35 SUV PREM WHEELS, LTHR, LUXURY (088857/100244) \$24,888</div></div>	<div><div>'08 Mercedes C350 Low Miles, AMG Wheels, Black (089447/193358) \$24,988</div></div>	<div><div>'08 Infiniti M35 LTHR, NAV, 1 OWNER (087277/605877) \$25,995</div></div>
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<div><div> 1500 N Sepulveda Blvd, Manhattan Beach CA 90266 866-230-8955 MANHATTANBEACHTOYOTA.COM SALE HOURS: MON-SAT 8:30-9:00 / SUN 9:00-9:00 SERVICE HOURS: MON-FRI 7:00-8:00 / SAT 7:00-6:00</div><div></div></div>						

Tips

from page 11

it with fresh baked cookies and milk can be a bonding experience in itself.

Many resorts have accommodations appropriate for groups, such as the Inn on Woodlake or The American Club Resort in Kohler, Wis. The resort recently opened a nearby private cabin, Sandhill, nestled on 350 acres in the wilderness near the western shores of Lake Michigan and approximately an hour north of Milwaukee. The cabin is close enough so groups can enjoy the amenities of the resort, yet far enough away to feel like a private retreat. This charming, yet rustic, private cabin sleeps six comfortably and has a full kitchen and an attached sauna and poker shack with fireplace.

Tip 3: Research activities

When you’re narrowing down where you’d like to take your multigenerational vacation, consider the activities that are available. You’ll want options to entertain both young and old, so be sure to seek variety. Access local travel resources and online travel reviews to find destinations that are a good match for your group. You might even be able to schedule some activities in advance to reduce stress once you have arrived.

Guests of the Sandhill cabin, for example, have access to renowned golf at Whistling Straits and Blackwolf Run, home of the 2012 US Women’s Open. Both kids and adults enjoy top-notch golf lessons at Kohler Golf Academy. While group activities are plentiful, there are also many options for alone time too - while Dad and Grandpa hit the greens, Mom and Grandma can head to the Kohler Waters Spa and the kids can head to Kamp Kohler, a four-hour camp full of fun activities including crafts and swimming.

Tip 4: Adopt the multigenerational mindset

Traveling with a group of different aged people brings with it a unique set of variables. It’s important to remain flexible and set a comfortable pace. There are always traveling snafus, such as uncooperative weather or the kids losing their luggage, but remember to relax and deal with any bumps in the road as they arise. Sometimes overcoming these obstacles can make for the best family memories because you must figure out solutions together and spontaneous activities are often the experiences that are most cherished.•

What do you call two people in an ambulance?
A pair of medics.

A backwards poet writes inverse.

In democracy your vote counts. In feudalism, your count votes.

With her marriage, she got a new name and a dress.

Show me a piano falling down a mine shaft, and I'll show you a flat minor.

Every calendar's days are numbered.

Classifieds

The deadline for Classified Ad submission and payment is Noon on Tuesday to appear in Thursday's paper. Advertisements must be submitted in writing by mail, fax or email. You may pay by cash, check, or credit card (Visa or M/C over the phone).

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Schofield Realty
We receive 50 phone calls a month for rental units in town. We need homes & apartments to lease. Call KEN about our Mgmt. program for Homes & Apartments.
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1BD. Must see! This exceptional one-bedroom unit is ultra-luxurious with exquisitely landscaped private outdoor space. A private front entrance and walk-thru to private garage and storage. The unit has a full-sized kitchen with granite countertops, custom alderwood cabinets, stainless steel appliances and refrigerator, front loading washer & dryer, walnut flooring & Italian tile, crown molding, ceiling fan, recessed "can" lighting with dimmer switches, satin-nickel Baldwin locksets, cable ready for flat screen T.V. Magnifying mirror in bathroom with extra large bathtub. Grohe hardware throughout. Central heat & a/c. Internal alarm systems and video

surveillance. Also has commercial sound-proofing quite rock and double-paned windows. Located in the best area of El Segundo. Walk to beach, shops & restaurants and easy access to freeways. Pets okay upon review. \$2475 rent with 1-year lease minimum. For a virtual tour, click on www.205Standard.com. Available 8/01/12. Call for appt. @ (310) 721-3625.

1BD. A Must See. Beautiful unit has it's own private patio with gas BBQ. hook-up, double-paned windows, wooden blinds, private one-car garage & storage, front-loading washer & dryer, full-sized kitchen with granite counters, Chrome hardware, custom wood cabinets, gas oven, microwave, & new refrigerator, hardwood flooring & Italian tile, recessed "can" lighting with dimmer switches, crown molding, satin-nickel Baldwin locksets, cable ready for flat screen TV. Extra large bathtub and lighted magnifying mirror in bathroom. Central heat and air. Unit has internal alarm system and commercial sound-proofing

quite rock. Walk to beach, shops & restaurants. Pets okay upon review. 1 year lease minimum. \$2,250/mo. 650 sq. ft. Call (310) 721-3625 for appointment.

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536 Arena St. ES. Sat., 7/07 8 a.m. - noon. No Early Birds. Moving Sale! Furniture, collectibles, baby clothes, toys, kitchen items, clothing, home decor, exercise equipment, etc.



Sparkling Window Cleaning


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Cell: 310-720-8747

What is the difference between a frog and a cat?
A frog croaks all the time, a cat only nine times.

A chicken crossing the road is poultry in motion.



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HAWTHORNE PRESS TRIBUNE*
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LAWNDALE NEWS*
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WEEKLY CROSSWORD *See Answers Next Week*

1	2	3	4		5	6	7	8	9		10	11	12	13
14					15						16			
17					18						19			
	20							21						
					22		23	24			25			
26	27	28	29			30		31	32					
33						34						35	36	37
38						39					40	41		
42						43					44			
					45	46					47			
48	49	50						51		52				
53						54	55			56		57	58	59
60								61	62					63
64						65					66			
67						68					69			

ACROSS

1. K follower
5. Said sheepishly?
10. Big laugh line (slang)
14. Old World bird
15. Charles de Gaulle's birthplace
16. ___ Danger
17. Convention city for felines?
20. Pang
21. Masses formed by heating
22. Downer
25. Brahman, e.g.
26. 1935 Triple Crown winner
30. Ancient Greek weight
33. Lifeboat lowerer
34. Fair share, maybe
35. "My man!"
38. Class for teen felines?
42. But, to Brutus
43. Jack-in-the-pulpit, e.g.
44. Kind of wave
45. Of a great range
47. Wee
48. Big sheet
51. Dalai ___
53. Ham it up
56. Santa's original reindeer, e.g.

60. Feline in a Salinger title?
64. Cornstarch brand
65. Mushroom caps
66. Dangerous biters
67. Capital of Rhône
68. Light parody
69. Dutch painter, to friends

DOWN

1. ___-Atlantic
2. Risk prison
3. Little impressionist?
4. Anastasia's father, for one
5. More gloomy
6. Balloon filler
7. "Aladdin" prince
8. Building additions
9. Kosher ___
10. Diminutive
11. Double-reed instruments
12. Bat an eye?
13. Band on a shield
18. As yet
19. Creep
23. Cleave
24. Slow but steady
26. Ends partner

27. Filly's mother
28. All fired up
29. Certain retrovirus
31. She has a degree
32. Certain refrigerant, briefly
35. Dwell
36. Bookbinding leather
37. The "O" in S.R.O.
39. "Awesome!"
40. Hook up
41. 20-20, e.g.
45. Cooling system (Brit.)
46. Wyle of "ER"
48. Central
49. Egg producer
50. "Take your hands off me!"
52. Recurring theme
54. Eur. think tank
55. Field ___
57. Heavy furniture wood
58. European language
59. Ilk
61. 1969 Peace Prize grp.
62. "The Matrix" hero
63. Cousin of -trix

Last Week's Answers

B	I	T	T		T	A	P	A		G	U	S	H
A	C	H	E		U	F	O	S		S	A	N	T
R	A	R	E		N	O	P	E		U	N	D	E
B	O	U	N	C	E	U	P	A	N	D	D	O	W
					H	U	L	A		O	O	H	
L	E	T	R	I	P					U	T	R	I
O	D	E	O	N		I	D	L	E			E	A
R	U	N	B	A	C	K	A	N	D	F	O	R	T
I	C	E			H	O	Y	A		R	A	T	T
S	E	T	U	P	O	N				M	O	R	S
					P	U	S			M	E	O	W
F	L	I	C	K	E	R	I	N	A	N	D	O	U
A	U	R	A	E		A	M	E	N		A	K	R
D	R	O	S	S		D	I	M	E		T	A	G
S	E	N	T			S	C	A	R		A	Y	E

1	2	3	4	5	8	6	9	7
9	5	6	7	3	2	8	4	1
7	8	4	1	6	9	2	3	5
5	1	2	9	7	3	4	8	6
8	3	7	2	4	6	1	5	9
6	4	9	5	8	1	7	2	3
2	9	5	6	1	4	3	7	8
3	7	1	8	2	5	9	6	4
4	6	8	3	9	7	5	1	2

SUDOKU *Medium*

5		9			2	3		
				9			2	
2			1	3				
9	4		2			6	8	
		6		7		2		
	8	2			9		7	4
				5	4			6
	9			8				
		4	6			9		3

Each Sudoku puzzle consists of a 9X9 grid that has been subdivided into nine smaller grids of 3X3 squares. To solve the puzzle each row, column and box must contain each of the numbers 1 to 9.

Real Estate

HOPE YOU HAD A HAPPY FOURTH OF JULY!



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You feel stuck with your debt if you can't budge it.

708 EAST PALM



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TOP 10 REASONS TO BUY THIS HOME!

- 10 - A+ Location
- 9 - Built in 1994 - 4200 sq.ft.
- 8 - 5 Bed + Office...OR 6 Bedrooms
- 7 - 3 Bathrooms
- 6 - Large Master Bedroom + Nursey
- 5 - HUGE kitchen - High End Appliances
- 4 - Spacious Family Room to Outside Deck
- 3 - 3-Car Side by Side Garage
- 2 - Low Low Interest Rates
- 1 - It Can Hurt to Wait!

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BACK ON MARKET

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Hardwood floors • Udated kitchen • Remodeled in 2007
Awesome backyard



Sold in 5 Days!

535 Standard
4 Bedrooms, 3 Baths plus 2 powder rooms. Formal living room. Master Suite
\$1,069,000



Sold in 5 Days!

1437 E. Mariposa
3 bedrooms, 1 bath
Hardwood floors
2 car detached garage
\$635,000



- OTHER PROPERTIES FOR SALE:**
- **8650 GULANA AVE., PLAYA DEL REY** - 1 bed, 1 bath, \$239,000
 - **8675 FALMOUTH #203, PLAYA DEL REY**- Spacious one bedroom in a desirable complex. Oversized patio, great storage, A/C and more!
 - **216 E. SYCAMORE** - 4 bed, 2.5 bath...2157 sq.ft. Lots of upgrades. Light & bright. Open floorplan. **SOLD IN 7 DAYS**
 - **945 PEPPER** - Great 2 bed, 2 bath condo. Corner unit! **IN ESCROW**
 - **605 SHELTON** - 4 bed, 2.5 bath family room. Big lot. **SOLD**
 - **115 E. WALNUT** - Huge R3 Lot. Over 23,000 sq ft. Can be Divided. *Tremendous potential!*
 - **WE HAVE MORE LISTINGS**

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- 2,000 sq. ft. 400 block of Main St.
- Fantastic Retail Space in El Segundo with Parking and Restroom.



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Sun 2-4

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2bd/1ba

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OPEN SUN 2-4PM



• 1357 Voorhees Ave., Manhattan Beach-
3 Bedroom, 1 Bath, 1,051 sq. ft.,
5,868 sq. ft. lot




• 901 Loma Vista St. - Gorgeous & Remod-
eled w/tons of upgrades - 3 Bedroom, 3
Bathroom, 2,762 sq. ft., 6,429 sq. ft. Lot




• 533 W. Maple- 4 Bedrooms, 3 Baths,
2,497 sf., 6,695 sq. ft. lot


OPEN SUN 2-4PM




• 913 Cedar St.- West side of El Segundo!-
2 Bedroom, 1 Bathroom, 1,020 sq. ft., 5,127
sq. ft. lot, All upgrades!



• 941 Sheldon Street - 3 Bedroom, 2 Bath,
1,419 sq. ft., 5,240 sq. ft. lot




• 6-12 Unit Apartment Buildings in
El Segundo- Non Rent Control. Low
Maintenance, Lots of Potential.




• Four Unit Building For Sale in El Segundo
Prime West side location - One 3 Bedroom,
2.5 Bath Owners Unit and Three 2 Bedroom,
One Bath Units - Call for more details!

****JUST LISTED!!****
7 Unit Apartment Building For Sale in
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Pocket Listings. 310-877-2374



• 725 Center St. - 5 Bedrooms, 4 Baths,
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• 408 Washington St - 3 Bedroom, 2 Bath,
1,322 sq. ft., 6,251 sq. ft. lot


Residential:

- Incredible Corner Lot Fixer Upper -
2 Bedroom, 2 Bath, 1,758 sq. ft., 7,292 sq. ft. lot -
Listed for \$679,000
- Redondo Beach-3 Bedroom, 2 Bath home on a R-2
Buildable Lot for only \$649,999!!
- Once in a Lifetime El Segundo
Premier Home Coming Soon!-Custom Built to
perfection featuring 4 Bedrooms, 5.5 Bathrooms,
3-car garage, guest quarters with separate entrance
& much more! Original Owner. Offered at \$2,399,000
- Prime Location on Large Lot Coming Soon!
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For Sale. - Call 310-877-2374 for Details!!
- Restaurant in Hawthorne-
For Sale or Lease - Call for Details!!
- Smokey Hollow -
17,000 sq. ft. buildable lot! Call for Details!!
- Future Development on Sepulveda in MB!!
Prime Corner C2 Signalized Intersection with
Over 11,000 sq. ft. Call for Details!!
- Prime Triple Net Leased Investment
for Sale in Redondo Beach!!
Doctors Office with Over 2,100 sq ft.
on a 6,495 sq. ft. Lot. Call for Details!!




• 1448 E. Maple Ave. - Two on a Lot -
Front house is 3 Bedroom, 2 Bath,
Back house is 2 Bedroom, 1 Bath

**Looking to sell by the
end of Summer?!**
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• 1526 E. Elm Ave. - 5 Bedrooms,
3 Bathrooms, 3,328 sq.ft.- Turn key!




• Grand Tropez- Pool side end unit -
3 Bedroom, 3 Bathroom, 1,357 sq. ft

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• 136 Main St.-
4757 sq. ft.-Office
Building For Sale! 5
Suites, Owner/User
Investment, Private
underground parking




• 200 Main St.-
5,750 sq. ft.-Prime Retail
Space in downtown
El Segundo for Sale
or Lease! Former Post
Office




• 319 Main St- 7500 sf.-
Very Modern Office Build-
ing for Sale or Lease!
All remodeled with a
public 200 car parking
structure next door




• 333 Main St.-
3330 sq. ft.-Office/
Medical/Retail
Building for Sale!
Investment/Owner
User



• 426 Main St.-
6234 sq. ft.-Live/Work
For Sale!




• 439 Main St.-
1626 sq. ft.-Retail
Building For Sale! Great
Investment! Long-term
Restaurant on Main St.




• 529 Main St.-
1850 sq. ft.-Office/
Retail For Lease!
Ample public parking
adjacent!

Commercial Property



• 122 Arena St. - Office w/ Cre-
ative Space/Warehouse. 1st Floor
approx 9,100 sf, grade level approx
6,000 sf w/3 bathrooms. 2nd floor
has open loft area remodeled w/
vertical Bamboo flooring, new
kitchen, ceilings & lighting opens
up to lounge area, w/2 bathrooms
& 6 large private offices approx.
3,100 sf. w/private 1,700 sq ft roof
top deck.



• LIVE/WORK SPACE - Two story
Live/Work Space featuring 2 Bed-
rooms, 2 Baths, 2,409 sf. w/Retail
Office space below & Rooftop
deck. **For Sale or Lease!**
Call for Details!

Department

from front page

an arrangement to house a Federal Regional Narcotics Task Force in the vacant Communications Center space in exchange for asset forfeiture—potentially allowing two new hires at about \$118,000 each without using any general fund monies.

Larry Klingaman in Information Systems detailed the need to address the local fiber optic network that is a lifeline for new media and Internet companies coming to town. The \$440,000 price tag would include providing conduit east of Sepulveda where none yet exists and completing the fiber line on the west side

of town. Despite the initial costs, Klingaman emphasized that the City would make back its money in three years since having the fiber will eliminate current hefty telephone and Internet fees.

For Recreation and Parks, Director Bob Cummings asked for funds to pay private contractors to handle neglected tree maintenance (\$30,000) part-time staffing to shore up Community Cable (\$25,000), dollars to partner with a local newspaper to promote recreation programs since the City cut back mailers of its quarterly brochure (\$10,000), a summer youth

basketball league at the Teen Center (\$5,000), a Monday to Wednesday hotel to Downtown shuttle (\$14,000), another shuttle bus for Sepulveda businesses north of Mariposa that don't have stops now (\$14,000), and increased Dial-A-Ride service (\$11,000).

Library Director Debra Brighton would like to reopen the main library on Fridays and Sundays (\$98,400)—but at the very least on Friday afternoons (\$63,250). Parents and teachers indicated their interest in reopening school libraries on Mondays and additional hours before and after school (\$76,450). Brighton mentioned the idea of expanding and enhancing the Mayors' walls in City Hall for the 2017 centennial, with local sponsorships hopefully covering much of the \$52,375 projected cost. To generate \$10,000 in additional revenue, she also suggested updating the library's fines and fees.

Public Works Director Stephanie Katsouleas stressed that El Segundo's aging and deteriorating infrastructure must be addressed as soon as possible. The list of Phase I projects now up for Council consideration include tree removal and sidewalk/gutter replacement on Richmond Street; crosswalk lighting; street resurfacing on El Segundo Boulevard, Hornet Way, Grand Avenue and Center Street; bollard installation on Main Street; Teen Center renovations; a City Hall revamp; Fire Station #1 seismic retrofit; parks lighting; new aquatics facility; and repair of The Plunge. The total package price tag comes out to just over \$15 million. That doesn't include Phase II projects, including a proposed library expansion and sidewalk/parking improvements for Smoky Hollow,

which the Council will review at a later date.

Grant funding may be available for some projects but not for streets and buildings. Katsouleas explained that the City should be spending \$4-\$6 million annually on street maintenance but only allocated \$1.5 million the last four years, thereby shortening the normal 40- to 50-year shelf life of those streets. "The infrastructure is the same, but it's older and needs more attention," said Katsouleas, who added that the City is "\$20 million behind in maintenance on streets." But with staffing down from 44 to 34.5, Public Works lacks sufficient manpower to deal with its workload. Other department goals include reducing energy consumption at City facilities and implementing portions of the Bicycle Master Plan.

In addition to continuing economic development work to attract and retain businesses, Planning and Building Safety Director Sam Lee hopes to see a one-stop El Segundo Permit Center with adaptable walls created at City Hall where staff from the various departments that need to sign off on a permit can be housed in one place to streamline the customer service process. Other goals include staffing code enforcement, updating the housing element, and improving the residential sound insulation process to maximize the number of homes covered by the end of 2015 while improving communication.

Finally, Finance Director Deborah Cullen said her department needs to streamline its processes with more online services, and increase training to groom future management. She also hopes to launch an employee recognition program. •

Student's

from page 7

of recovering from the rigors of everyday life and only gives the user headaches after prolonged use. By failing to take advantage of the time given to rest and instead using it to interfere with one's sleep cycle, the individual is putting their life at risk for the health problems listed earlier.

While society's rapid rate continues to increase, more companies are exploiting tired workers and creating an entire industry dedicated to keeping people awake. Instead of listening to their bodies and giving it a rest, people look for high caffeine beverages to temporarily mask their bodies' yearns. This is where coffee chains like Starbucks and Coffee Bean succeed. Companies such as the world famous Starbucks have mastered the science of marketing and transformed the coffeehouse from a simple beverage store to the social watering hole.

As society continues to grow, humanity should be more responsible in listening to their bodies. Contrary to what others may say, rest should be as, if not more, important than what happens during the daily grind. In the issue about society's sacrifice of rest for opportunity, the dangers outweigh the benefits. Although people claim that giving up sleep is the key to success, it is also a path to a shorter life. When given the opportunity to get enough rest, people should take advantage of such an opening instead of wasting it doing senseless activities. The Dalai Lama famously said that man "lives as if he is never going to die, and then dies having never truly lived." In the world's rush toward an everlasting workday, people should take responsibility of their bodies and not ignore its needs in exchange for the mirage of opportunity. •

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PUBLIC NOTICES

Trustee Sale No.: 20120010100382 Title Order No.: 120092698 FHA/VA/PMI No.: NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 4/27/2011. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. NDEX WEST, LLC, as duly appointed Trustee under and pursuant to Deed of Trust Recorded on 05/05/2011 as Instrument No. 20110641647 of official records in the office of the County Recorder of LOS ANGELES County, State of CALIFORNIA. EXECUTED BY: PAUL M LOPEZ AND ZANMEI LU LOPEZ, WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK/CASH EQUIVALENT or other form of payment authorized by 2924h(b), (payable at time of sale in lawful money of the United States). DATE OF SALE: 7/12/2012 TIME OF SALE: 09:00 AM PLACE OF SALE: DOUBLETREE HOTEL LOS ANGELES - NORWALK, 13111 SYCAMORE DRIVE, NORWALK, CA 90650 STREET ADDRESS and other common designation, if any, of the real property described above is purported to be: 945 PEPPER STEET #214 , EL SEGUNDO, CA 90245 APN#: 4132-019-056 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any , shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$421,314.56. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are

considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 800-280-2832 for information regarding the trustee's sale or visit this Internet Web site www.auction.com for information regarding the sale of this property, using the file number assigned to this case 20120010100382. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. FOR TRUSTEE SALE INFORMATION PLEASE CALL: AUCTION.COM, LLC ONE MAUCHLY IRVINE, CA 92618 800-280-2832 www.auction.com NDEX West, L.L.C. MAY BE ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. NDEX West, L.L.C. as Trustee Dated: 6/18/2012 P958752 6/21, 6/28, 07/05/2012 El Segundo Herald: 6/21, 6/28, 7/5/2012 **H-23372**

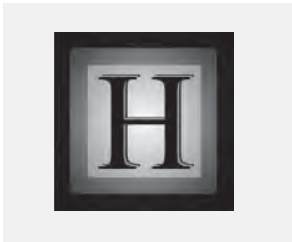
NOTICE OF TRUSTEE'S SALE TSG No.: 4222995 TS No.: 20099070816795 FHA/VA/PMI No.: APN:**4132-001-006** Property Address: **409 WEST ACACIA AVENUE EL SEGUNDO, CA 90245** YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 07/21/06. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On **July 25, 2012 at 11:00 AM, First American Trustee Servicing Solutions, LLC**, as duly appointed Trustee under and pursuant to Deed of Trust recorded 07/27/06, as Instrument No. 06 1665868, in book , page , of Official Records in the Office of the County Recorder of **LOS ANGELES** County, State of **California**. Executed by: **RAHEELA SIDDIQUE MAHMOOD., WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK/CASH EQUIVALENT** or other form of payment authorized by 2924h(b), (Payable at time of sale in lawful money of the United States) **Inside the lobby of the building located at 628 North Diamond Bar Blvd., Suite B, Diamond Bar, CA.** All right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: AS MORE FULLY DESCRIBED IN THE ABOVE MENTIONED DEED OF TRUST APN# **4132-001-006**. The street address and other common designation, if any, of the real property described above is purported to be: **409 WEST ACACIA AVENUE, EL SEGUNDO, CA 90245.** The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is **\$895,047.40**. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the County where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically

entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (916) 939-0772 or visit this Internet Web http://search.nationwideposting.com/propertySearchTerms.aspx using the file number assigned to this case 20099070816795. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. *If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's Trustee.* The beneficiary or servicing agent declares that it has obtained from the Commissioner of Corporations a final or temporary order of exemption pursuant to California Civil Code Section 2923.53 that is current and valid on the date the Notice of Sale is filed and/or The timeframe for giving Notice of Sale specified in subdivision (s) of California Civil Code Section 2923.52 applies and has been provided or the loan is exempt from the requirements. Date: 06/21/12, **First American Title Insurance Company First American Trustee Servicing Solutions, LLC 3 First American Way, Santa Ana, CA 92707 Original document signed by Authorized Agent, Chet Sconyers -- FOR TRUSTEE'S SALE INFORMATION PLEASE CALL (916) 939-0772.** First American Trustee Servicing Solutions, LLC May be Acting as a Debt Collector Attempting to Collect a Debt. Any Information obtained may be used for that purpose. NPP0203607 07/05/12, 07/12/12, 07/19/12 El Segundo Herald: 7/5, 7/12, 7/19/2012 **H-23393**

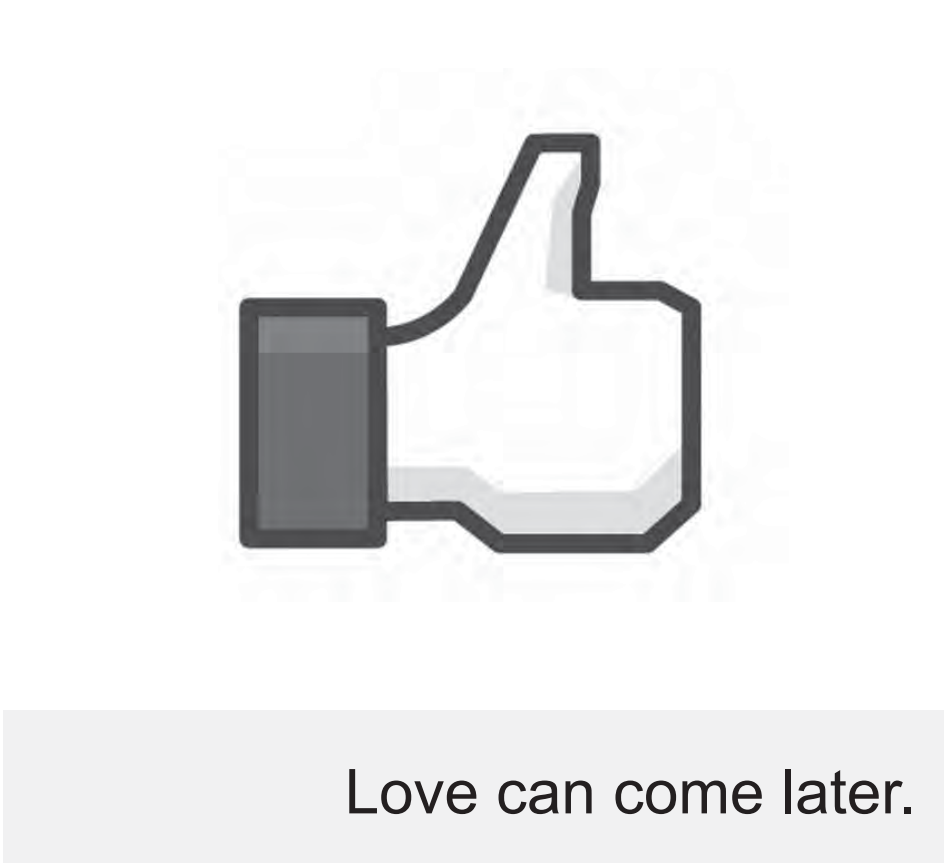
NOTICE OF TRUSTEE'S SALE TS No. 08-0044616 Doc ID #0001197262822005N Title Order No. 08-8-172244 Investor/ Insurer No. APN No. 4135-016-017 YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 04/06/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. Notice is hereby given that RECONTRUST COMPANY, as duly appointed trustee pursuant to the Deed of Trust executed by JOHN HILL, A SINGLE MAN AND LETITIA BRIDGES, A SINGLE WOMAN, AS JOINT TENANTS, dated 04/06/2006 and recorded 4/14/2006, as Instrument No. 06 0823458, in Book , Page , of Official Records in the office of the County Recorder of Los Angeles County, State of California, will sell on 07/23/2012 at 11:00AM, By the fountain located at 400 Civic Center Plaza, Pomona, CA 91766 at public auction, to the highest bidder for cash or check as described below, payable in full at time of sale, all right, title, and interest conveyed to and now held by it under said Deed of Trust, in the property situated in said County and State and as more fully described in the above referenced Deed of Trust. The street address and other common designation, if any, of the real property described above is purported to be: 325-327 SIERRA STREET, EL SEGUNDO, CA, 90246. The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. The total amount of the unpaid balance with interest thereon of the obligation secured by the property to be sold plus reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$1,267,775.99. It is possible that at the time of sale the opening bid may be less than the total indebtedness due. In addition to cash, the Trustee will accept cashier's checks drawn on a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state. Said sale will be made, in an "AS IS" condition, but without covenant or warranty, express or implied, regarding title, possession or encumbrances, to satisfy the indebtedness secured by said Deed of Trust, advances thereunder, with interest as provided, and the unpaid principal of the Note secured by said Deed of Trust with interest thereon as provided in said Note, plus fees, charges and

NOTICE OF PETITION TO ADMINISTER ESTATE OF: EDWARD BRUCE BERLIN CASE NO. YP011886
To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the WILL or estate, or both of EDWARD BRUCE BERLIN. A PETITION FOR PROBATE has been filed by CARLA GERSH in the Superior Court of California, County of LOS ANGELES. THE PETITION FOR PROBATE requests that CARLA GERSH be appointed as personal representative to administer the estate of the decedent. THE PETITION requests the decedent's WILL and codicils, if any, be admitted to probate. The WILL and any codicils are available for examination in the file kept by the court. A HEARING on the petition will be held in this court as follows: 07/24/12 at 8:30AM in Dept. M located at 825 MAPLE AVE., TORRANCE, CA 90503 IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in Probate Code section 9100. The time for filing claims will not expire before four months from the hearing date noticed above. YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code Section 1250. A Request for Special Notice form is available from the court clerk. Attorney for Petitioner JEFFREY L. CONDON CONDON & CONDON 632 ARIZONA AVENUE SANTA MONICA CA 90401 7/5, 7/12, 7/19/12 **CNS-2338951# EL SEGUNDO HERALD** El Segundo Herald: 7/5, 7/12, 7/19/2012 **H-23392**

expenses of the Trustee and of the trusts created by said Deed of Trust. If required by the provisions of section 2923.5 of the California Civil Code, the declaration from the mortgagee, beneficiary or authorized agent is attached to the duly recorded with the appropriate County Recorder's Office. NOTICE TO POTENTIAL BIDDERS If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on a property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 1-800-281-8219 or visit this Internet Web site www.recontrustco.com, using the file number assigned to this case NOTICE OF TRUSTEE'S SALE TS No. 08-0044616. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. RECONTRUST COMPANY 1757 TAPO CANYON ROAD, SVW-88 SIMI VALLEY, CA 93063 Phone: (800) 281 8219, Sale Information (626) 927-4399 By: -- Trustee's Sale Officer RECONTRUST COMPANY is a debt collector attempting to collect a debt. Any information obtained will be used for that purpose. A-4262240 06/28/2012, 07/05/2012, 07/12/2012 El Segundo Herald: 6/28, 7/5, 7/12/2012 **H-23381**



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Fictitious Business Name Statement 2012091769
The following person(s) is (are) doing business as ML DESIGNS. 1. 908 MCCARTHY COURT, EL SEGUNDO, CA 90245. 2. PO BOX 90248, LOS ANGELES, CA 90009. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name listed April 1, 2012. Signed: Morgan Michele Lund Yen, Proprietor. This statement was filed with the County Recorder of Los Angeles County on May 15, 2012. NOTICE: This Fictitious Name Statement expires on May 15, 2017. A new Fictitious Business Name Statement must be filed prior to May 15, 2017. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: June 14, 21, 28, 2012 and July 05, 2012. **H-765.**

Fictitious Business Name Statement 2012092989
The following person(s) is (are) doing business as SIX. 703 PIER AVE., SUITE B273. HERMOSA BEACH, CA 90254. This business is being conducted by a Corporation. The registrant commenced to transact business under the fictitious business name listed 2011. Signed: Bliss, Inc., CCO. This statement was filed with the County Recorder of Los Angeles County on May 16, 2012. NOTICE: This Fictitious Name Statement expires on May 16, 2017. A new Fictitious Business Name Statement must be filed prior to May 16, 2017. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: June 14, 21, 28, 2012 and July 05, 2012. **H-767.**

Fictitious Business Name Statement 2012131056
The following person(s) is (are) doing business as SCOTTON ENGRAVING, 660 ROSECRANS AVE. MANHATTAN BEACH, CA 90266. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name listed N/A. Signed: Edwin F Scotton IV, Owner. This statement was filed with the County Recorder of Los Angeles County on June 28, 2012. NOTICE: This Fictitious Name Statement expires on June 28, 2017. A new Fictitious Business Name Statement must be filed prior to June 28, 2017. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: July 05, 12, 19, 26, 2012. **H-772.**

Fictitious Business Name Statement 2012092986
The following person(s) is (are) doing business as EUGENE. 703 PIER AVE., SUITE B273. HERMOSA BEACH, CA 90254. This business is being conducted by a Corporation. The registrant commenced to transact business under the fictitious business name listed 2011. Signed: Bliss, Inc., CCO. This statement was filed with the County Recorder of Los Angeles County on May 16, 2012. NOTICE: This Fictitious Name Statement expires on May 16, 2017. A new Fictitious Business Name Statement must be filed prior to May 16, 2017. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: June 14, 21, 28, 2012 and July 05, 2012. **H-766**

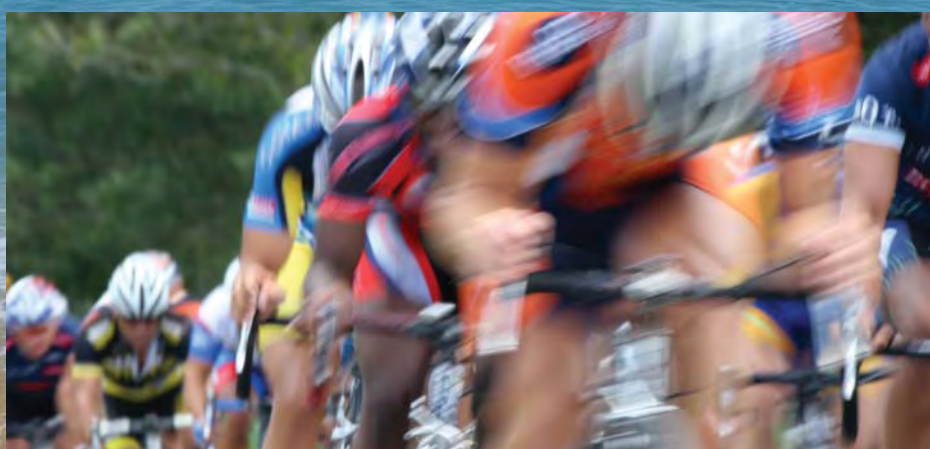
NOTICE OF APPLICATION TO SELL ALCOHOLIC BEVERAGES
Date of Filing Application: **JUNE 07, 2012**
To Whom It May Concern:
The Name(s) of the Applicant(s) is/are: **SUSANA MANGIANTE**
The applicants listed above are applying to the Department of Alcoholic Beverage Control to sell alcoholic beverages at: **413 MAIN ST EL SEGUNDO, CA 90245**
Type of license(s) Applied for: **41 – ON-SALE BEER AND WINE – EATING PLACE**

Department of Alcoholic Beverage Control
3950 Paramount Blvd. Ste. 250 Lakewood, CA 90712 (562) 982-1337
EL SEGUNDO HERALD: 6/28, 7/05, 7/12/10. H-771

Fictitious Business Name Statement 2012129528
The following person(s) is (are) doing business as SCOTTON ENGRAVING, 660 ROSECRANS AVE. MANHATTAN BEACH, CA 90245. This business is being conducted by an Individual. The registrant commenced to transact business under the fictitious business name listed N/A. Signed: Spencer Jay Bauer, Individual. This statement was filed with the County Recorder of Los Angeles County on June 27, 2012. NOTICE: This Fictitious Name Statement expires on June 27, 2017. A new Fictitious Business Name Statement must be filed prior to June 27, 2017. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or Common Law (See Section 14400 ET SEQ., Business and Professions Code). El Segundo Herald: July 05, 12, 19, 26, 2012. **H-773.**



MANHATTAN BEACH 2012 GRAND PRIX



The Chevron Manhattan Beach Grand Prix is the second oldest one-day bike race in the country and promises to be a day of fun for South Bay residents.

Pedal To The Medal At Live Oak Park

**Announcing the 51st Annual
Chevron Manhattan Beach Grand Prix
Sunday, July 8th
Live Oak Park
7 am — 3 pm**

Come see the world's fastest
men and women cyclists compete.

SPECIAL EVENTS

Men's & Women's Pro Races
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Food Stands
Local Exhibits

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